



JANUARY | 2025

Sacred Heart School Breakfast Menu K-8

This Institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30 Winter Break	31 New Years Eve	1 Happy New Year!	2 Winter Break	3 Winter Break
6 WG Cereal 100% Fruit Juice Fresh Fruit Milk	7 WG Pillsbury Filled Bagel String Cheese 100% Fruit Juice Fresh Fruit Milk	8 WG Cereal 100% Fruit Juice Fresh Fruit Milk	9 WG Mini Cinni's 100% Fruit Juice Fresh Fruit Milk	10 WG Donuts 100% Fruit Juice Fresh Fruit Milk
13 WG Cereal 100% Fruit Juice Fresh Fruit Milk	14 WG Banana Bread Cheese Stick 100% Fruit Juice Fresh Fruit Milk	15 WG Cereal 100% Fruit Juice Fresh Fruit Milk	16 WG Bagel Yogurt Cup 100% Fruit Juice Fresh Fruit Milk	17 WG Cereal 100% Fruit Juice Fresh Fruit Milk
20 No School MLK Day	21 WG Mini Pancakes Syrup 100% Fruit Juice Fresh Fruit Milk	22 WG Cereal 100% Fruit Juice Fresh Fruit Milk	23 WG Pillsbury Filled Bagel String Cheese 100% Fruit Juice Fresh Fruit Milk	24 WG Cereal 100% Fruit Juice Fresh Fruit Milk
27 WG Cereal 100% Fruit Juice Fresh Fruit Milk	28 WG English Muffins w/ PBJ & Jelly 100% Fruit Juice Fresh Fruit Milk	29 WG Cereal 100% Fruit Juice Fresh Fruit Milk	30 WG Cherry Frudel String Cheese 100% Fruit Juice Fresh Fruit Milk	31 WG Cereal 100% Fruit Juice Fresh Fruit Milk

News **Breakfast is Free for all Students**

**Students must take
3 items for a healthy
breakfast!**

**Tuesday's & Thursday's
students can get a warm
breakfast**

**WG=Whole Grain
RS=Reduced Sugar**

**Other Breakfast items
include: A variety of Whole
Grain Cereal, WG muffins,
WG Snacks: Tiger
Grahams, Goldfish
Crackers, Cheez-It's,
WG Pop Tarts, Granola
Bars, Craisins, Yogurt**

**Breakfast is served with
student's choice of
1% White or Choc. Milk or
NON Fat Strawberry Flavored**

**Questions?
Contact JoAnne Barndollar, FSD
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(517) 448-8912 x238/239**

Meals subject to change as items are sometimes not available at time of ordering.