

NOVEMBER | 2024

SACRED HEART SCHOOL BREAKFAST MENU K-8



This Institution is an equal opportunity provider

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1 WG Cereal 100% Fruit Juice Fresh Fruit Milk
4 WG Cereal 100% Fruit Juice Fresh Fruit Milk	5 Scrambled Eggs WG Muffin 100% Fruit Juice Fresh Fruit Milk	6 WG Cereal Bar Gogurt 100% Fruit Juice Fresh Fruit Milk	7 WG Pancake Dogs 100% Fruit Juice Fresh Fruit Milk	8 WG Cereal 100% Fruit Juice Fresh Fruit Milk
11 WG Cereal 100% Fruit Juice Fresh Fruit Milk	12 WG Pillsbury Mini Cinni's Gogurt 100% Fruit Juice Fresh Fruit Milk	13 WG Cereal 100% Fruit Juice Fresh Fruit Milk	14 WG Breakfast Wraps 100% Fruit Juice Fresh Fruit Milk	15 WG Cereal 100% Fruit Juice Fresh Fruit Milk
18 WG Cereal 100% Fruit Juice Fresh Fruit Milk	19 WG Mini Waffles Syrup 100% Fruit Juice Fresh Fruit Milk	20 WG Cereal 100% Fruit Juice Fresh Fruit Milk	21 WG Mini Pancakes Syrup 100% Fruit Juice Fresh Fruit Milk	22 WG Cereal 100% Fruit Juice Fresh Fruit Milk
25 WG Cereal 100% Fruit Juice Fresh Fruit Milk	26 WG Strawberry Frudel String Cheese 100% Fruit Juice Fresh Fruit Milk	27 WG Cereal 100% Fruit Juice Fresh Fruit Milk	28  Happy Thanksgiving! NO SCHOOL	29 Thanksgiving Break NO SCHOOL

News **Breakfast is Free for all Students**

**Students must take
3 items for a healthy
breakfast!**

**Tuesday's & Thursday's
students can get a warm
breakfast**

**WG=Whole Grain
RS=Reduced Sugar**

**Other Breakfast items
include: A variety of Whole
Grain Cereal, WG muffins,
WG Snacks: Tiger
Grahams, Goldfish
Crackers, Cheez-It's,
WG Pop Tarts, Granola
Bars, Craisins, Yogurt**

Breakfast is served with
student's choice of
1% White or Choc. Milk or
NON Fat Strawberry Flavored

Questions?

Contact JoAnne Barndollar, FSD
jbarndollar@hudson.k12.mi.us
(517) 448-8912 x238/239

Meals subject to change as items are sometimes not available at time of ordering.