

# OCTOBER | 2024

## Sacred Heart School Lunch Menu K-8

*This institution is an equal opportunity provider*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>SEPTEMBER</b></p> <p>WG Chicken Tenders Or Corn Dogs on a Stick Carrot Sticks Cinnamon Applesauce Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Cheeseburger on WG Bun Or Red Pepper Hummus WG Bag of Pretzels Sugar Snap Peas Peas Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p><b>HUNGRY HOWIES PIZZA!</b></p> <p>WG Bag of Chips Green Peppers Mixed Fruit Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Taco w/ WG Tortillas Or Chicken Fajita w/WG Tortillas Shredded Lettuce Cherry Tomatoes Refried Beans Applesauce Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>WG Cheese Stick Or WG Pizza Calzone Cucumbers Mandarin Oranges Treat</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>
<p>Chicken Pattie on WG Bun Or BBQ Rib Pattie on WG Bun WG Bag of Chips Cole Slaw Blueberries Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Chicken Alfredo W/GF Penne Or WG Meat Pot Pie WG Bread Stick Seasoned Broccoli Sweet Cherries Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Cheese Omelet Sausage Pattie Hash Brown 100% Juice Box Blushing Peas Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Walking Taco Or WG Beef Bean Burrito Shredded Lettuce Cherry Tomatoes Refried Beans Apple Slices Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>WG Max Cheese Stuffed Bread Sticks w/ Marinara Sauce Or WG French Bread Pizza Celery Sticks Peaches Treat</p> <p>Milk Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>
<p>WG Mini Corn Dogs Or WG Chicken Chunks Asparagus Pineapple Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Goulash Or Chili w/Beans Colored Peppers Strawberries WG Bread Stick Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Hot Ham &amp; Cheese WG Bun Or WG Meat Stromboli WG Bag of Chips Potato Salad Peaches Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Beef Nachos w/Cheese Or WG Chicken Quesadilla Refried Beans Cherry Tomatoes Orange Wedges Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p><b>NO LUNCH</b> <b>1/2 DAY OF SCHOOL</b></p>
<p>Sloppy Joe on WG Bun Or Grilled Chicken on WG Bun Tater Tots Baked Beans Apple Slices Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Scalloped Potatoes w/Ham Or WG Pretzel w/ Cheese Buttered Corn Mandarin Oranges WG Dinner Roll Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Mini Cheeseburger Sliders Or BBQ Shredded Chicken on WG Bun Cauliflower Bites Blueberries Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p><b>NO LUNCH</b> <b>NO SCHOOL</b></p>	<p><b>NO LUNCH</b> <b>NO SCHOOL</b></p>
<p>Hot Dog on WG Bun Or Chili Cheese Fries French Fries Carrot Sticks Mixed Fruit Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Tuna Noodle Casserole Or WG Chicken Sticks Broccoli Bites Orange Wedges WG Dinner Roll Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>WG Macaroni &amp; Cheese Or Ravioli w/Meat Sauce WG Dinner Roll Peas Blushing Peas Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p>Lesagna Roll Up Or Fish Sticks Green Beans Peaches Treat Milk</p> <p>Fresh Fruit &amp; Veggie Bar OR **SACK LUNCH**</p>	<p><b>NO LUNCH</b> <b>NO SCHOOL</b></p>

*Meals subject to change as items are sometimes not available at time of ordering*

**News**

All lunches served with student's choice of 1% White or 1% Chocolate Milk or NON-Fat Strawberry Flavored Milk

**Staff Only**  
\$5.25 for Lunch Meal  
or Chef's Salad w/Chips

**\*\* SACK LUNCH\*\***

Grape or Strawberry Uncrustable Sandwich  
WG Bag of Chips  
Cheese Stick  
Veggie  
Fruit  
Milk

**HAVE QUESTIONS?**

Contact, JoAnne Barndollar, FSD  
[jbarndollar@hudson.k12.nj.us](mailto:jbarndollar@hudson.k12.nj.us)  
 (517) 448-8912 x 238/239